

DANCE BREAK

Been sitting too long? Turn on your favorite song for a dance break! Follow the dance moves below, starting with just 1. Then do 1 and 2. Keep adding one more dance move, repeating all the previous moves each time. Can you remember all the dance moves in order by the time the song ends?

1 clap
2 times



2 nod your
head



3 shoulder
shrugs



4 clap
2 times



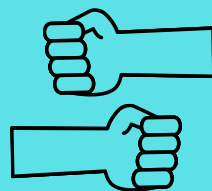
5 slide left



6 slide right



7 roll your
hands



8 jump
2 times



9 twist



10 wave
arms



11 left leg



12 right leg

